

Jen joined the PGA of Canada and is pursuing a career on the LPGA Tour. The process to getting on tour is thorough and exhaustive but worth every moment. She is working in Canadian golf sales and as a Golf Instructor to keep her tour dreams alive; her passions are being a high performance athlete, she is conscious of health and fitness and is dedicating herself and her students to the pursuit of excellence. She started playing at 8 years old; her earliest memories include attending every junior golf clinic her even if it meant having to finish in the dark.

Her interests include but are not limited to: sports psychology, numerous fitness activities such as stand up paddle boarding and training in the gym...oh and Golf.

The Basics

CPGA Golf Professional- Candidate for Membership
JoFit Ambassador
Graduate of The University of British Columbia Okanagan
From Kelowna BC
2012 Kelowna Female Athlete of the Year

Jen Woods

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